

# EAT POKE BRO

Poke is a traditional Hawaiian dish that can be best described as “sushi in a bowl”. Eat Poke Bro is bringing a small piece of the Hawaiian Islands to you with our perfectly seasoned, cubed, raw sushi-grade fish served over warm rice and hearty greens. Poke is healthy, delicious and totally unique!





**Classic Tuna Poke.....\$10.95**

*Diced tuna, sweet onion, scallion, shoyu, sesame oil, toasted sesame seed.*

**Spicy Tuna Poke.....\$10.95**

*Diced tuna, sriracha, togarashi, soy sauce, sesame oil, scallion, toasted sesame seed.*

**Cucumber-Yuzu Tuna Poke .....\$10.95**

*Diced tuna, cucumber, edamame, scallion, sweet onion, soy sauce, sesame oil.*

**Salmon Poke.....\$10.95**

*Diced salmon, avocado, cucumber, scallion, ponzu, sesame oil, toasted sesame seed.*

**Tuna & Salmon Poke .....\$10.95**

*Diced tuna & salmon, soy sauce, sesame oil, scallion, toasted sesame seed.*

**Chicken-Pineapple Poke.....\$9.95**

*Korean BBQ chicken, pineapple, avocado, scallion, sesame seed.*

**Vegetarian Poke .....\$8.95**

*Carrot, sweet potato, avocado, pickled cucumber, jalapeño-yuzu ponzu, served over kale.*

**Tuna Poke Nachos .....\$10.95**

*Diced tuna, togarashi wonton chips, ginger guacamole, soy sauce, sesame oil, scallion, sriracha aioli, wasabi cream, furikake, toasted sesame seeds.*

**Togarashi French Fries .....\$5.95**

*Hand-cut potatoes, togarashi, scallion, sesame seeds, sriracha aioli.*

**Spinach Salad .....\$6.95**

*Spinach, chili marinated oranges, cucumbers, sweet onions, carrots, sweet potato, lime ponzu dressing, togarashi crunch.*

**Kale Salad.....\$6.95**

*Kale, mango, edamame, avocado, sliced jalapenos, jalapeno yuzu, wasabi peas, toasted sesame seed, scallion.*

**Spring Mix Salad.....\$6.95**

*Spring mix, carrots, cucumbers, pineapples, sweet onion, cherry tomatoes, scallion, orange ginger sauce.*

**ADD-ONS \$0.50, EXCEPT AVOCADO \$1.00**

*Diced Mango • Diced Pineapple • Cucumber • Edamame • Wasabi Peas • Togarashi Chips • Sweet Onions • Kale • Jalapeño • Chili-Marinated Orange • Carrots • Seaweed Salad*

*Classic Sauce - shoyu + sesame oil • Lime Ponzu Sauce - citrus soy sauce • Jalapeño-Yuzu Sauce - spicy citrus • Sriracha Aioli Sauce - spicy mayo  
Wasabi Cream Sauce - spicy sour cream • Orange Ginger Sauce - sweet & savory citrus*

**The Dunes**

4 North End Boardwalk • Ocean Grove, NJ

**www.eatpokebro.com**

**Manasquan**

191 Beach Front • Manasquan, NJ